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ABSTRACT

This document contains a two-part bibliography of information that can be obtained in California Polytechnic State University's Robert E. Kennedy Library on today's elderly society. The 381 references in part I are categorized into sections focusing on growing old from various perspectives: (1) aging; (2) Alzheimer's Disease and Senile Dementia; (3) biochemistry of aging; (4) books for children; (5) caregiving; (6) elder abuse; (7) geriatric nutrition; (8) health services/nursing care; (9) labor/retirement; (10) mental health/counseling; (11) minority aging; (12) pet therapy; (13) physical fitness and exercise; (14) teaching about aging; and (15) verbal communication. The bibliography includes both print and nonprint materials, with emphasis on books and journal articles. The information covers 1980 through June 1986, except for a few titles dating from the late 1970s which were considered important for inclusion. The information is organized alphabetically by author or title within each subject section. Part II provides supplemental information, including a list of organizations concerned with aging which are located in California and specifically in San Luis Obispo, a selected list of journals, and keys to call numbers. (NB)

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GROWING OLD IN TODAY'S SOCIETY: A SELECTIVE BIBLIOGRAPHY

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CONTENTS

	PAGE
Introduction	1
PART I GROWING OLD	
Aging	2
Alzheimer's Disease and Senile Dementia	6
Biochemistry of Aging	9
Books for Children	9
Caregiving	11
Elder Abuse	12
Geriatric Nutrition	14
Health Services/Nursing Care	14
Labor/Retirement	17
Mental Health/Counseling	17
Minority Aging	21
Pet Therapy	23
Physical Fitness and Exercise	23
Teaching About Aging	23
Verbal Communication	26
PART II SUPPLEMENTAL INFORMATION	
Organizations Concerned with Aging	28
Selected List of Journals	30
Keys to Call Numbers	31

INTRODUCTION

Growing old in today's society can be a wonderful experience or it can be a nightmare. For some, growing old can mean an escape from the 9 - 5 habit, being able to travel, to work at home, or to volunteer one's services. For others, it means a journey into a world where nothing is the same, security is gone, money is at a premium, and a regression to infancy can await them.

This bibliography contains information that may be obtained in the Robert E. Kennedy Library on today's elderly society. The bibliography is divided into sections focusing upon aging from all perspectives: retirement, care-giving, psychiatric treatment, health aspects, counseling, Alzheimer's disease, research, and materials for children. It includes both print and non-print materials, with emphasis on books and journal articles. The information covers 1980 - June 1986, except for a few titles dating from the late 1970's which were considered important for inclusion. The information is organized alphabetically by author or title within each subject section.

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VERBAL COMMUNICATIONS

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ORGANIZATIONS CONCERNED WITH AGING

California Organizations

Alzheimer's Disease and Related Disorders Association (ADRDA)
11321 Iowa Avenue, Suite 7
Los Angeles, CA 90025
213-473-1446

American Association of Retired Persons (AARP)
Andrus Building
215 Long Beach Blvd.
Long Beach, CA 90802
213-432-5781

California Association of Homes for the Aging (CAHA)
926 J. Street, Suite 523
Sacramento, CA 95814
916-446-7633

Gray Panthers (GP)
of California
255 16th Street
Richmond, CA 94801
415-232-5698

Harvestage
36 Shoreline Circle
Sacramento, CA 95831
916-427-0681

International Senior Citizens Association, Inc. (ISCA)
11753 Wilshire Blvd.
Los Angeles, CA 90025
213-479-8420

National Council of Senior Citizens (NCSC)
California Office
1010 S. Flower Street, 5th Floor
Los Angeles, CA 90015
213-487-4210

San Luis Obispo Organizations

Alzheimer's Family Support Group
805-481-5426

Area Agency on Aging
805-541-0384

San Luis Obispo Organizations - Cont'd

Caring Callers
660 Pismo
San Luis Obispo, CA 93401
805-541-1800

Retired Senior Volunteer Program
660 Pismo
San Luis Obispo, CA 93401
805-544-8740

San Luis Obispo Mental Health Center
2180 Johnson Avenue
San Luis Obispo, CA 93401
805-544-4722

Senior Action Office
1160 Marsh
San Luis Obispo, CA 93401
805-541-5959

Senior Citizen's Nutrition Programs
1115 Peach Street
San Luis Obispo, CA 93401
805-541-3312

Senior Information and Referral Service
P.O. Box 654
San Luis Obispo, CA 93401
805-544-0566

Senior's Outreach Program
375 Ferrini Road
San Luis Obispo, CA 93401
805-544-4722

SELECTED LIST OF JOURNALS

Title	Call Number
Aging	Per HQ 1060 A4
American Psychologist	Per BF 1 A55
Communication Education	Per PN 4071 S74
Family Relations	Per HQ 1 F36
Gerontologist	Per HQ 1060 G4
Health Education	Per LB 3401 A57
Journal of Clinical Psychology	Per RC 321 J74
Journal of Consulting and Clinical Psychology	Per BF 1 J575
Journal of Counseling and Development	Per HF 5381 A1 P4
Journal of Gerontology	Per HQ 1060 J6
Journal of Physical Education, Recreation and Dance	Per GV 201 J6
Lifelong Learning	Per LC 201 L5
Personnel and Guidance Journal	Per HF 5381 A1 P4
Psychology Today	Per BF 1 P85
Social Work	Per HV 1 S62

Check library holdings for specific years retained and locations of issues.

KEYS TO CALL NUMBERS

Book and Bound Periodical Collections

A - F	2nd Floor
G - PN	3rd Floor
PM - PZ	4th Floor
R - Z*	5th Floor

*Except W - Learning Resources and Curriculum Department, 2nd Floor

Departmental Collections

Audiovisual Materials (Filmstrips, Kits, Recordings, Tapes)	Learning Resources and Curriculum Department, 2nd Floor
Children's Books	Learning Resources and Curriculum Department, 2nd Floor
ERIC Documents	Reference Department, 1st Floor
Newspapers (back issues)	Reference Department, 1st Floor
Vertical File (Brochures, Pamphlets)	Learning Resources and Curriculum Department, 2nd Floor